



ETH Global Health Experiential Fellowship

Problem.

Basic healthcare challenges that are easily solved in the high-income countries go unaddressed in low-income countries.

Problem by the numbers

1.6 Billion

More than **1.6 billion** people live in places where weak health services and chronic crises (drought, famine, conflict, etc) leave them without basic medical care.

300X

Women in Uganda are **300** times more likely to die in childbirth than women in USA

1:360,000

In the district where we work (Buyende District), there is one full-time clinical physician serving a population of **363,300 people**

Our Mission is...

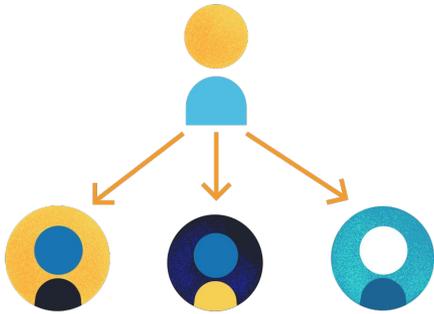
... To build a **Global Health Institute** (GHI) where extraordinary challenges in global health can be addressed through interdisciplinary and intercultural collaboration.

... To find scalable solutions to the issues that affect the most vulnerable and work with them to develop resilient households and communities.



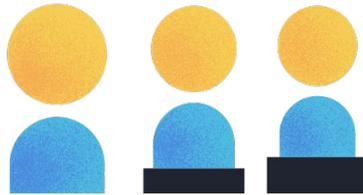
We should *all* be able to live in good health to have agency to determine our futures.

Our humanitarian approach to global health



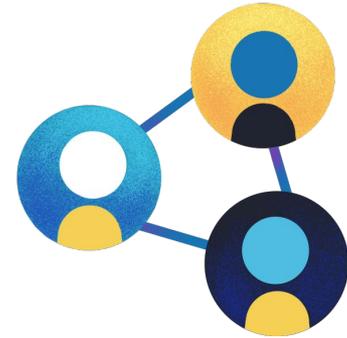
Utility

The most immediate and essential impact at the lowest cost.



Equity

Redistribution of resources from where they are abundant to where they are most beneficial.



Global Community

Promoting a global mindset through love and care for your fellow human.

How we practice global public health



General Healthcare Access

We operate essential infrastructure so patients can come to us for any basic service.



Targeted Healthcare Challenges

We partner with local institutions to tackle specific challenges in global health.



Community Partnerships

We work with the full participation of the community, including village health workers, government, and local leaders.

What We Do

Providing healthcare

- We are the main source of healthcare for a catchment area of 70,000 people in rural Uganda working in a district of 363,000 people with one practicing physician.
- Provide outpatient health care, basic inpatient health care, immunizations, maternal healthcare (antenatal, deliveries)
- We have active collaborations with Ministry of Health, Marie Stopes, and Vitamin Angels
- Public health education campaigns on WASH and COVID-19

11,418

11,418 people have accessed our services in 2019-2020



Research

Four peer-reviewed scientific articles published from our infrastructure

- World Journal of Surgery
- Transactions of the Royal Society of Tropical Medicine and Hygiene
- Emergency Medicine Journal
- Heliyon

Collaborating organizations: LFR International, Namutumba District Government, Iganga District Government



Global Health Experiential Fellowship

“The Ethical Imperative”

“Those who write and talk about the dream of global health equity can make people think, but can’t make them care. It is only through *direct involvement with the poor* in the developing world (or here at home) that medical students and others in the medical profession at large will find reasons to care and, ultimately, find ways to change the health of the world’s most vulnerable.”

– Edward O’Neil

What Is It?

- A six-week **immersive** experience working on a team with Ugandan undergraduate and masters level students
 - **May 31st - July 9th AND July 12th - August 20th**

Our Goals with You:

- **Collaboration:** Foster cultural immersion and humility
- **Customization:** Select your projects in consultation with global health practitioners after discussion regarding interests and goals of your team
- **Education:** Practical experience and classroom didactics



Our Goals with You - Collaboration

- You will be on a **team** with Ugandan undergraduate and master level students
- **Share** responsibility, **eat** the same food, and **sleep** in same housing
- **Grow** with Ugandan students and students from other American universities throughout your experience
- **Unique approach:** our goal is to foster cultural immersion and humility



Our Goals with You - Customization

- Your team's projects will be **customized** in consultation with global health practitioners after discussion regarding interests and goals of your team
- Project will involve either **community education** programs, **implementation**, and/or **research** of an aspect of your chapter's projects
- Working with a **project officer** who will supervise and support daily on your project before, during, and after your experience



Our Goals with You - Education

- It is not enough to **want** to change the world, it is important to build **skills** and **experience**
- **Mentorship** from global health practitioners
- **Immersive** experience in resource-poor setting to learn about the challenges in global health and development
- **Planning and implementation** of a global health project
- Global health **didactics**, **journal clubs**, **case studies**



Before Going...

Introducing your Team

- Your team will consist of students from your university and from Uganda Christian University
- Team sizes will vary, but generally will consist of **three or four American students** from same university and **two Ugandan students** (one master's level, one bachelor's)
- At least **two months** before departure, you will have an introductory meeting with your team to discuss **interests** and **form a project**



Teamwork

- Once your project as well as learning and outcome goals are identified in your team, you will begin working with your team and ETH mentors to prepare for your project
- Projects will involve educational programs, implementation, and/or research related to your chapter's project
- Each team will have mentorship from culturally competent global health practitioners



Virtual Pre-Orientation

There will be three virtual pre-orientation sessions for American students before going to Uganda

Purpose:

- Introduce Ugandan cultural customs
- Elementary introduction to Lusoga (local language spoken in Empower Through Health's catchment area)
- Cultural sensitivity training



Health

To-dos:

- **Yellow fever** vaccination (save a copy of a yellow card called the International Certificate of Vaccination or Prophylaxis)
- **COVID-19** vaccination (save the certificate)
- **Typhoid fever** vaccination
- **Malaria** prophylactics (can be obtained in Uganda)
- **Health** insurance (World Nomads, Roam Right, etc). Check with your university to see if they have existing options.



Health - COVID-19

COVID-19 guidelines are fluid, but here are current policies in Uganda:

- Need a negative PCR COVID-19 test no more than 120 hours before arrival
- 9 PM - 6 AM curfew in place
- Places of worship allowed to operate at a maximum of 200 people subject to health guidelines

Restrictions have been easing - we will follow the appropriate recommendations



Entry Requirements

To-dos:

- Obtain single entry ordinary tourist electronic-visa (cost of \$50) - <https://visas.immigration.go.ug/#/apply>
- Ensure your passport will not expire within six months
- COVID-19 testing situation is fluid. Currently requires a negative COVID-19 test within 120 hours before arrival. No quarantine necessary.



What to Pack

- Comfortable clothes
- For men: shorts are considered rude during the workday - bring pants
- For women: dress modestly
- Mosquito repellent
- Hand sanitizer
- Wet wipes
- More found in Jade's ETH Guide to be distributed later



In Uganda

Airport Pickup

- We recommend that you arrive on Saturday or Sunday before the start of your program
- You will be met at arrivals by our team
- Five hour drive to our headquarters in Iganga, Uganda
- If you arrive before, there will be a \$20 charge for each day that you arrive before the start of the program



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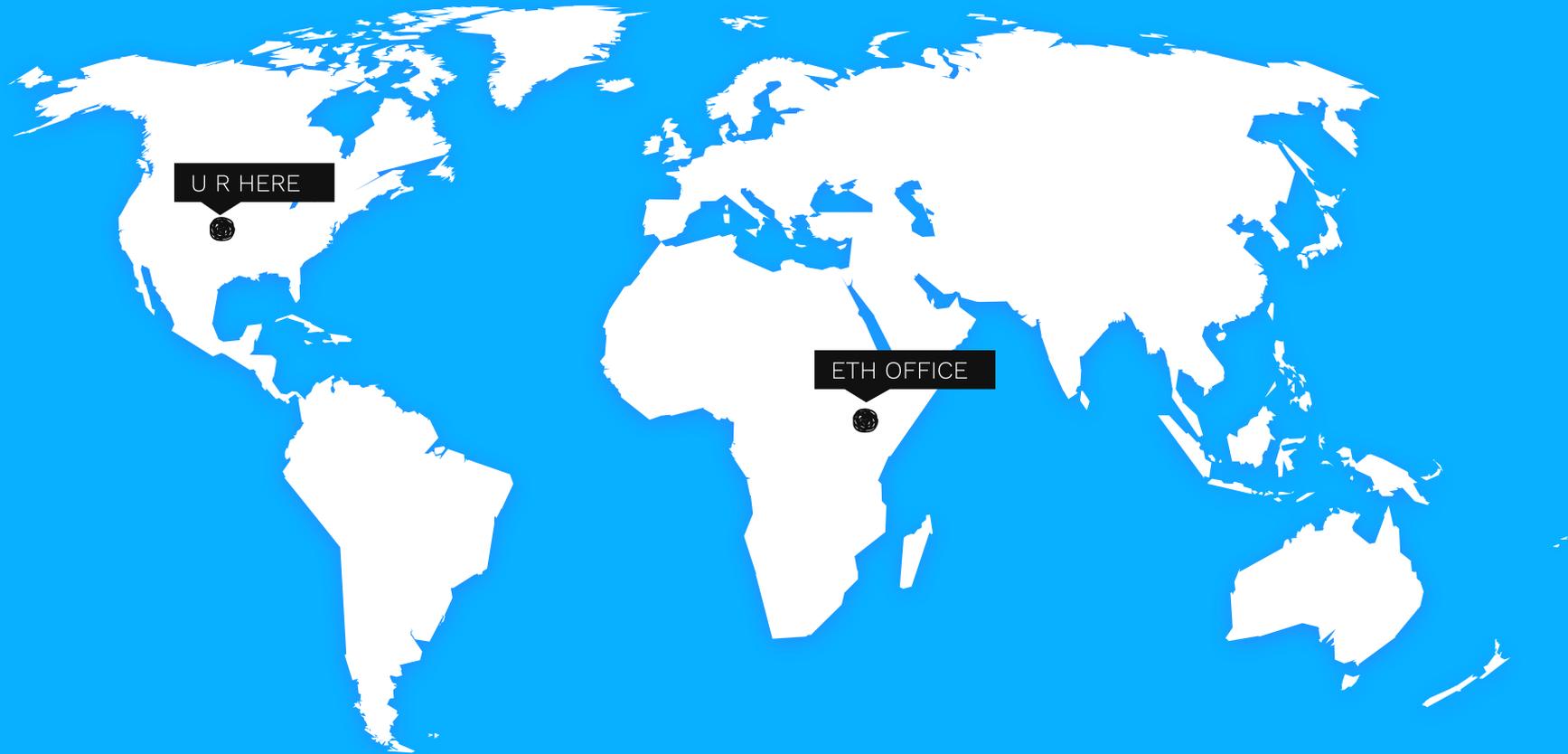
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ETH OFFICE

First Day

- We will have an orientation at our main office in Iganga, Uganda
- Your team will coordinate with your Project Officer about next steps for your project
- 'Welcome Party' after first day



Second Day & Onwards

- On the second day, you will be taken to your accomodation in Mpunde
- You will be introduced to our healthcare staff and community leadership
- From third day onwards, your project will commence







Work Week (Monday - Friday)

- During the work week (Monday to Friday), you will have intimate global health experiences with the community in Mpunde
- Your specific routine will differ based on projects, but everyday you will be interacting with community members
- Examples: If your project is in education, you will interact with community health workers, teachers, and students. If you are conducting research, you will administer surveys to participants



Work Week (Monday - Friday)

- Each Monday and Friday of the week, there will be an in-depth meeting with your Project Officer to identify weekly goals, areas of improvement, and any specific requests
- ETH staff will be stationed at Mpunde at all times to facilitate your team's projects



Friday Didactics

- Every Friday, we will have global health didactics led by our staff, global health practitioners, and guest lecturers
- Case studies on global health scenarios
- Journal clubs to learn how to parse information and insight from scientific articles
- Guest lectures from global health practitioners



Accommodation (Monday - Friday)

- During the weekday, you will stay in Mpunde, Uganda
- Mpunde, Uganda is located in Buyende District where there is no electricity, running water, or paved roads
- Accommodation will be basic but you will be provided a mosquito net, bedding, pillows, beds, compost latrine, and charging station
- You will have roommates of the same gender
- Bucket showers available - hot water is available on request
- Sporadic and weak WiFi



Food (Monday - Friday)

- Breakfast, lunch, dinner, and tea will be provided
- Food will be local food
- Drinking water will be provided
- Food in Mpunde is basic but filling





Weekend (Saturday - Sunday)

- We will provide optional trips to sites in Uganda at an extra cost
- On Wednesday each week, we will send a survey to the students regarding their weekend preferences (participate in optional trip, stay in Iganga, stay in Mpunde)



Accommodation (Saturday - Sunday)

- During the weekend, you have the option of staying in Mpunde or staying in a resort in Iganga at no cost
- If you choose to partake in an optional trip, you will be provided accommodation on the trip
- You will have WiFi access, running water, full electricity, flushing toilets



Food (Saturday - Sunday)

- Breakfast, lunch, dinner, and tea will be provided
- Drinking water will be provided
- There will be more variety on the weekends



Safari

- After your six weeks, we will facilitate an optional safari of four to five days
- Prices will be discounted than those available from tour operators online. However, expect around \$100 per day
- If you choose to not do the safari, you should plan to schedule your flight departure for Saturday or Sunday after the end of your program. If you stay longer, there will be a \$20 charge for each day that you stay longer





After Uganda

Continuation of your Project

- We will work with you after your experience in Uganda to ensure successful follow-up and continuation of your team's project
- Experience of **designing, implementing, and analyzing** results of a project that you created will be an invaluable experience
- Ability to **mentor** future cohorts of students working on your chapter's topic - increased measure of **sustainability**



Relationships

- After a **life-changing experience** outside of your comfort zone, you will have a special bond with whom you shared your experience
- We hope that this leads to a **shared motivation** to catalyze change and improvement in global equity



Mentorship

- We will always be available as a **resource** to you as you progress throughout your careers
- After your experience, if you desire further **opportunities to engage** with Empower Through Health, the door is always open



Lifetime of Reflection

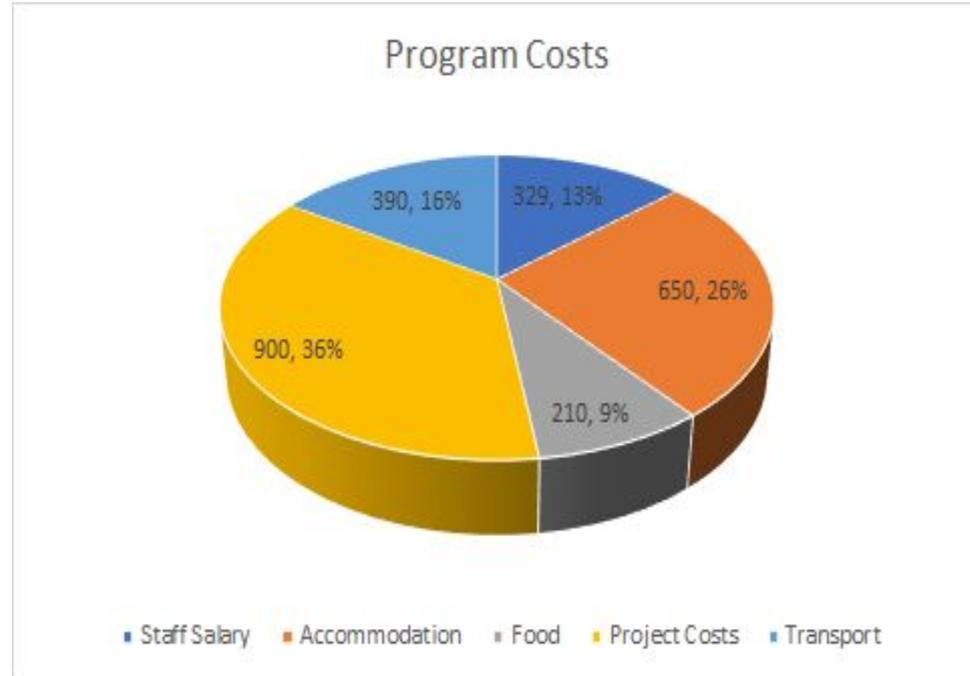
- You will make **observations** that will deeply bother you and make you question the **global order**
- We hope that this help **foster a generation of leaders** with diversity, inclusion, and equity as their core values



Costs

Program Cost

- Cost of **\$2479**. This cost provides for Ugandan students on your team as well.
- Includes:
 - Project costs
 - Accommodation (except for optional weekend trips)
 - Food including catering for dietary restrictions(unless something specific wanted)
 - Transport (Airport pick-up and drop-off, transport from Iganga to Mpunde)
 - Staff salary



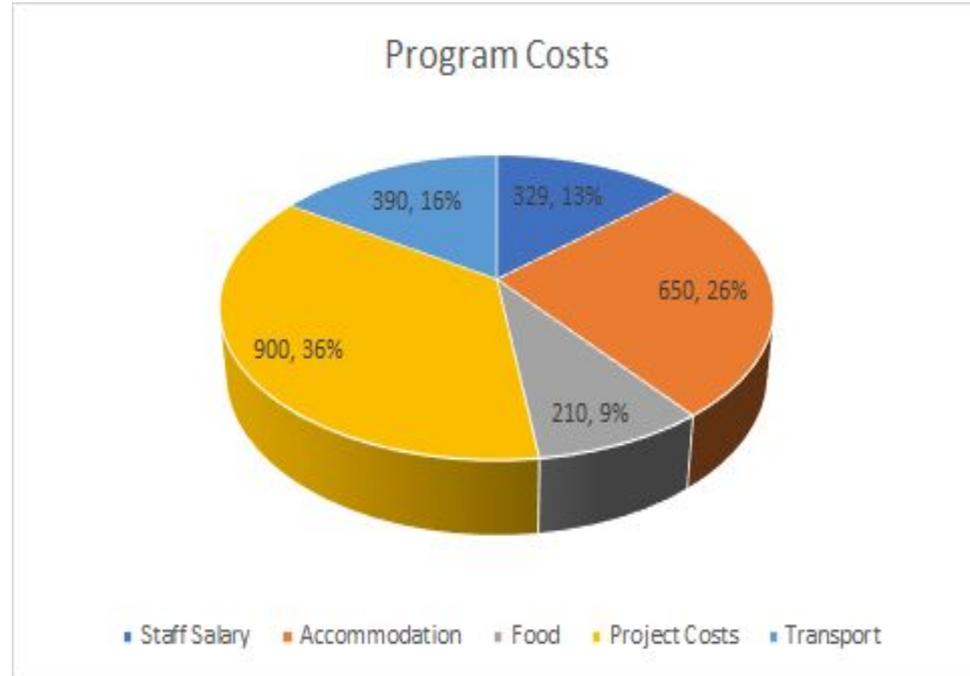
Program Costs

- Refundable deposit of \$500 due ten weeks before start date
- Deposit becomes non-refundable eight week before start date
- Full amount due six weeks before start date
- Checks due to:

Moon Schubert - Empower Through Health

302 Pump House Rd

Evans, GA 30809



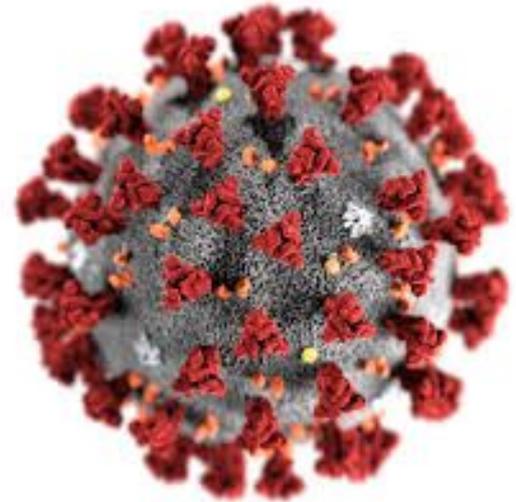
What is NOT Included?

- Visa - \$50
- Health insurance - \$100
- Round-trip ticket to Uganda - \$800 from Chicago to Entebbe
- Travel doctor appointments - \$50
- *If your team desires to publish an article in a scientific journal* - IRB costs: \$650 per team
- Total: ~\$1000



What Happens if COVID Does Not Permit Visitation?

- Program cost would significantly reduce
- Still committed to ensuring meaningful virtual experience
- Same team concept - Ugandan students would implement on the ground with American student providing assistance with data analysis, material preparation, etc
- Increased didactic time vs implementation time



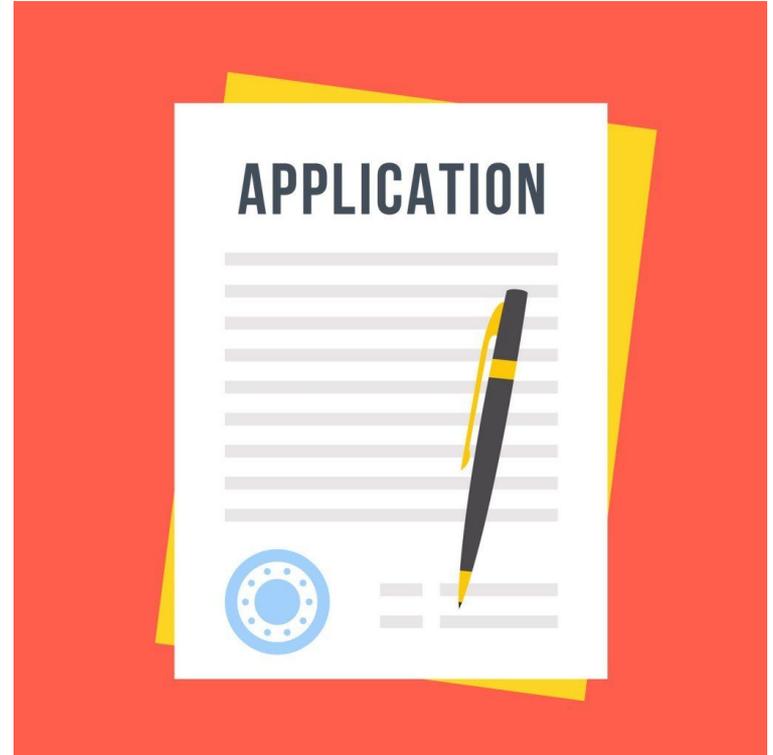
Financial Assistance

- Equity is a core value of our organization
- Many universities have summer funding available for opportunities such as this
- If you have family financial difficulties, please do not hesitate to reach out at admin@ethealth.org



Application Due Date

- Submit application by January 31st - [Link to Application](#)
- If you can submit sooner, it would be beneficial as we can work together to find funding sources for you
- Strongly recommended for leadership positions in your chapters



Questions?

Email admin@ethealth.org for further questions

This presentation will be available for you to view